

ABOUT YSC

Young Survival Coalition (YSC) was founded in 1998 by three young women who were under the age of 35 when diagnosed with breast cancer. They were discouraged by the lack of resources available and the underrepresentation of young women in breast cancer research. Today, YSC is the go-to organization for young women facing a breast cancer diagnosis. **Among other services, YSC:**

- ▼ Provides information, resources and support, from diagnosis through long-term survivorship;
- ▼ Educates and empowers young women to be their own best health advocates;
- ▼ Works with healthcare providers, researchers and legislators to educate them about the unique issues young women face, and
- ▼ Advocates for more studies on breast cancer in young women and access to quality care.

YSC is a powerful community fighting breast cancer in young women.

— Amanda, diagnosed at 29



“The wealth of knowledge of the women who are part of this community is just incredible.”

— Barb G, diagnosed at 40

YOU ARE NOT ALONE.

877.972.1011

youngsurvival.org

 /youngsurvivalcoalition

 @YSCBuzz

 YSC YoungSurvival

 [youngsurvivalcoalition](https://www.instagram.com/youngsurvivalcoalition)



YSC PROGRAMS FOR YOUNG WOMEN AFFECTED BY BREAST CANCER



— Tameka, diagnosed at 28



CONNECT TO OTHERS:

Find women who know what it's like to face breast cancer at a young age. There are three easy ways to connect.

- 1 YSC Online Discussion Board**
Connect with fellow survivors 24/7
- 2 YSC Face 2 Face Networking**
Meet up in your community
- 3 YSC SurvivorLink**
Get one-on-one peer support with a trained survivor volunteer
- 4 Online Video Support Groups**
Talk monthly with other young women with breast cancer from the comfort of your home

For more information, visit youngsurvival.org



TOOLS YOU CAN USE:

YSC offers free resources unique to young women to help navigate the breast cancer experience.

Visit youngsurvival.org. Knowledge is Power.

It's the most comprehensive resource for and about young women with breast cancer. Find information on medical research and updates on clinical trials. Download fact sheets, learn about upcoming educational offerings and access podcasts on past topics.

Newly Diagnosed Navigator

Your complete resource of key terms, questions to ask your healthcare team, insights and information for newly diagnosed women.

Metastatic Navigator

A guide to living with metastatic breast cancer, including treatment options, advice and tools to help you stay well informed and organized.

Post-Treatment Navigator

This comprehensive guidebook includes what to expect and how to manage your life after initial breast cancer treatment. Includes worksheets to create a survivorship care plan.

Long-Term Navigator

Developed specifically for young women with a history of breast cancer, this resource includes tips and information on how to manage long-term side effects and move forward with life after diagnosis and treatment.

ResourceLink

Includes hundreds of national and local resources online. You can also call 877.972.1011 or email resourcelink@youngsurvival.org for assistance.

YSC Summit and Regional Symposia

Whether you're newly diagnosed, living with metastatic disease or several years out from diagnosis, these conferences are meant for you. Workshops address the unique issues faced by young women with breast cancer and their co-survivors. You'll also have the opportunity to connect with a community of other young survivors and co-survivors. Find out more at youngsurvival.org/conferences.

"YSC meant I was not alone... No one knows what you are going through like another young survivor."

— Sara O, diagnosed at 29



SUPPORT & INFORMATION ARE ON THE WAY

Four easy ways to order the **FREE** resource that is right for you:

- 1 Order online at youngsurvival.org
- 2 Email info@youngsurvival.org
- 3 Call **877.972.1011**
- 4 Complete and mail the form below

Check all that apply

Please send me:

- Newly Diagnosed Navigator
- Metastatic Navigator
- Post-Treatment Navigator
- Long-Term Navigator
- Resourcelink Guidebook

I am a:

- Young woman diagnosed with breast cancer
- Young woman diagnosed with metastatic breast cancer
- Healthcare provider
- Caregiver/family member/friend

Help me stay connected to YSC:

- Please add me to your mailing list
- Please add me to your email list
- Please add me to your text updates

Name _____

Street Address _____

City _____ State _____ Zip _____

Email _____

Mobile _____

Order online at youngsurvival.org or mail completed form to:

Young Survival Coalition
80 Broad Street, Suite 1700
New York, NY 10004



YSC SYNC PROGRAMS CONNECT, EDUCATE AND SUPPORT YOUNG WOMEN AFFECTED BY BREAST CANCER.

